

# Teen Pregnancy: Real Lives, Real Choices



## Parents Should Watch *Real Lives, Real Choices* with Their Teenagers Because—

- ▶ Every year over 800,000 teenage girls in the United States experience an unexpected pregnancy.
- ▶ A recent *Newsweek* study reported that 46 percent of all American high school students are sexually active.
- ▶ One out of five teenage girls who engage in sexual activity will become pregnant this year.
- ▶ Most teenagers are already aware of unexpected pregnancies among their peers.
- ▶ This is a great way to create a safe place not only to talk with your son or daughter about pregnancy issues that they and their peers may face, but also to share your honest thoughts and reactions with each other.

*“Without strong parental involvement, teenagers in today’s world cannot but be confused about the real meaning and purpose of sex and love, confusion which often leads them to do things to cause them deep pain. Used in the right way, Teen Pregnancy: Real Lives, Real Choices provides parents and guardians of teens a valuable tool for helping them understand the joy and beauty of living their lives according to God’s plan for sexual love.”* — Bishop Salvatore Cordileone, Roman Catholic Diocese of San Diego



### How This Documentary Can Help You Communicate with Your Teen

Life Perspectives and FOX6 joined together to create a thought-provoking presentation to help teenagers stop and think about the possibility of an unexpected pregnancy and the choices that must be made when one occurs. *Teen Pregnancy: Real Lives, Real Choices* presents the real-life stories of five women who made pregnancy decisions while they were still in high school. Many of the stories contain important information that will be new to your teens. This documentary can be used as a springboard for helpful parent-child discussions that explore decision-making and the lasting impact of the choices teenagers make—even before a teen is at risk to become sexually active.



## Themes That Parents, Grandparents, and Guardians Should Watch for during the Presentation:

- The difficulties involved with each option once an unexpected pregnancy occurs
- The parents' impact on each young woman's decision
- The possible short-term and long-term impacts of each decision, particularly the long-term emotional impact
- Real-life evidence that living sexually pure lives can spare us—and others—from experiencing great pain



## More Guides for Discussion

- This time together can be a great way for you to get to know your children on a deeper level. It also allows them to get to know and understand you better.
- This parent-child dialogue might even give your teenagers a moment to talk to you about their personal challenges in trying to remain sexually abstinent.
- If you wish to give your teens an opportunity to talk about these sensitive issues, it's vital that you listen to them without rushing in with a ready response.
- Take the discussion one step further by talking with your teens about their dreams for the future.
- Remind your teens that God is inviting them into a beautiful, unique adventure that He's created just for them.
- Share with your children how the decisions they make now could have a tremendous impact on their lives and future plans.
- Keep in mind that although your children may make decisions today that will negatively affect their future, their choices and actions will never change the way God feels about them—or the way you feel about them. Make sure they have no doubts about this fact.

### Please Share this Resource with Middle School and High School Educators!

If you serve in a public or a faith-based venue, or know of someone who does, this is a great resource to use with students. Your child's teacher should be made aware that this video is now available to them. Request a FREE copy of the DVD—which comes with an engaging study guide for students—by contacting Whole Life Curriculum at [info@wholelifecurriculum.com](mailto:info@wholelifecurriculum.com) for the faith-based lesson plan or Life Perspectives at 619-516-1236 for the FOX6/Life Perspectives public school lesson plan. There will be a small charge to cover the cost of shipping.

# Teen Pregnancy: Real Lives, Real Choices



## Parents Should Watch *Real Lives, Real Choices* with Their Teenagers Because—

- ▶ Every year over 800,000 teenage girls in the United States experience an unexpected pregnancy.
- ▶ A recent *Newsweek* study reported that 46 percent of all American high school students are sexually active.
- ▶ One out of five teenage girls who engage in sexual activity will become pregnant this year.
- ▶ Most teenagers are already aware of unexpected pregnancies among their peers.
- ▶ This is a great way to create a safe place not only to talk with your son or daughter about pregnancy issues that they and their peers may face, but also to share your honest thoughts and reactions with each other.



### How This Documentary Can Help You Communicate with Your Teen

Life Perspectives and FOX6 joined together to create a thought-provoking presentation to help teenagers stop and think about the possibility of an unexpected pregnancy and the choices that must be made when one occurs. *Teen Pregnancy: Real Lives, Real Choices* presents the real-life stories of five women who made pregnancy decisions while they were still in high school. Many of the stories contain important information that will be new to your teens. This documentary can be used as a springboard for helpful parent-child discussions that explore decision-making and the lasting impact of the choices teenagers make—even before a teen is at risk to become sexually active.



### Themes That Parents, Grandparents, and Guardians Should Watch for during the Presentation:

- The difficulties involved with each option once an unexpected pregnancy occurs
- The parents' impact on each young woman's decision
- The possible short-term and long-term impacts of each decision, particularly the long-term emotional impact
- Real-life evidence that living sexually pure lives can spare us—and others—from experiencing great pain



### More Guides for Discussion

- This time together can be a great way for you to get to know your children on a deeper level. It also allows them to get to know and understand you better.
- This parent-child dialogue might even give your teenagers a moment to talk to you about their personal challenges in trying to remain sexually abstinent.
- If you wish to give your teens an opportunity to talk about these sensitive issues, it's vital that you listen to them without rushing in with a ready response.
- Take the discussion one step further by talking with your teens about their dreams for the future.
- Remind your teens that God is inviting them into a beautiful, unique adventure that He's created just for them.
- Share with your children how the decisions they make now could have a tremendous impact on their lives and future plans.
- Keep in mind that although your children may make decisions today that will negatively affect their future, their choices and actions will never change the way God feels about them—or the way you feel about them. Make sure they have no doubts about this fact.

#### **Please Share this Resource with Middle School and High School Educators!**

If you serve in a public or a faith-based venue, or know of someone who does, this is a great resource to use with students. Your child's teacher should be made aware that this video is now available to them. Request a FREE copy of the DVD—which comes with an engaging study guide for students—by contacting Whole Life Curriculum at [info@wholelifecurriculum.com](mailto:info@wholelifecurriculum.com) for the faith-based lesson plan or Life Perspectives at 619-516-1236 for the FOX6/Life Perspectives public school lesson plan. There will be a small charge to cover the cost of shipping.